



University of Phoenix®

SOUTHWEST INSTITUTE OF HEALING ARTS

2007 Credit Recommendation Guide

The following courses have been evaluated by University of Phoenix Prior Learning Assessment to potentially fulfill General Education or Elective credits for an Undergraduate Degree. In order to potentially receive any of the credits recommended below, students should submit supporting documents to Prior Learning Assessment. For more information on PLA visit: ecampus.phoenix.edu/pla or contact the department toll free at 866-440-4707.

There are fees associated with your PLA submission. However, you may be eligible for PLA benefits. Please contact your Finance Advisor for more information. PLA will not award credit for certifications or coursework that duplicates the content of credits earned through PLA, transfer credit, National Testing Program credit or University of Phoenix. Clock hour to semester credit hour conversions are made by the University using current U.S. Department of Education standards.

University of Phoenix Equivalency: General Education or Elective category to which credit can be applied.

Combinable: Courses may only be combined with courses of similar content and General Education/Elective areas.

Non-Academic: Lack of college level theory and/or principle necessary for credit recognition. Company specific and skill-based training.

Too Few Hours: Courses/training that cannot receive credit because they are less than 1 hour total in length. Similar content in a 1(+) hour timeframe may be eligible for credit.

Applicable Hours: Indicates the total amount of actual learning time. Any breaks or lunch time included in the initial clock hours have been removed.

Updated: 10/11/2019

The credit awards shown are for informative purposes, state and program limits on Prior Learning Assessment credit may apply.

Course Number	Course Title	Delivery Method	Course Year	Course Length	Applicable Hours	Credits Recommended	University of Phoenix Equivalency
*NOTE - THE ASTERISKS IN THE APPLICABLE HOURS COLUMN INDICATES PREVIOUSLY EVALUATED COURSES.							
CC 302	MASTERY SKILLS FOR HEALTH CARE PRACTITIONERS	CLASSROOM	01/2007-12/2007	30	*	2	INTERDISCIPLINARY/ ELECTIVE
BC 430	PRACTICE DEVELOPMENT PORTFOLIO	CLASSROOM	01/2007-12/2007	15	*	1	INTERDISCIPLINARY/ ELECTIVE
BC 400	PUBLIC SPEAKING AND SEMINAR PRESENTATION	CLASSROOM	01/2007-12/2007	30	*	2	COMMUNICATION ARTS
BC 410	WRITING FOR PUBLICATION	CLASSROOM	01/2007-12/2007	15	*	1	COMMUNICATION ARTS
BC 101	ENGLISH COMPOSITION	CLASSROOM	01/2007-12/2007	15	*	1	COMMUNICATION ARTS
BC 200	FINANCIAL MASTERY	CLASSROOM	01/2007-12/2007	16	*	1	INTERDISCIPLINARY/ ELECTIVE
BC 250	STATISTICAL RESEARCH PROJECT	CLASSROOM	01/2007-12/2007	16	*	1	INTERDISCIPLINARY/ ELECTIVE
CC 100	COMMUNICATION SKILLS FOR PRACTITIONERS I	CLASSROOM	01/2007-12/2007	15	*	1	INTERDISCIPLINARY/ ELECTIVE

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BC 550	LIFE COACHING - INTRO	CLASSROOM	01/2007-12/2007	20	*	1	INTERDISCIPLINARY/ ELECTIVE
SC 455	EXERCISE WELLNESS	CLASSROOM	01/2007-12/2007	30	*	2	INTERDISCIPLINARY/ ELECTIVE
HY 100	HYPNOTHERAPY - FOUNDATIONS LEVEL I	CLASSROOM	01/2007-12/2007	20	*	1	INTERDISCIPLINARY/ ELECTIVE
NC 110	NUTRITION - HOLISTIC FOUNDATIONS I	CLASSROOM	01/2007-12/2007	45	*	3	PHYSICAL/BIOLOGICAL SCIENCE
HH 300	PNI TECHNOLOGIES	CLASSROOM	01/2007-12/2007	30	*	2	INTERDISCIPLINARY/ ELECTIVE
PC 100	POLARITY - BASIC I	CLASSROOM	01/2007-12/2007	20	*	1	INTERDISCIPLINARY/ ELECTIVE
NC 120	STRESS MANAGEMENT	CLASSROOM	01/2007-12/2007	15	*	1	INTERDISCIPLINARY/ ELECTIVE
WH 100	WESTERN HERBALISM - FOUNDATIONS	CLASSROOM	01/2007-12/2007	30	*	2	INTERDISCIPLINARY/ ELECTIVE
AR 100	AROMATHERAPY - INTRO	CLASSROOM	01/2007-12/2007	20	*	1	INTERDISCIPLINARY/ ELECTIVE
AR 130	FLOWER ESSENCES (A.K.A. AROMATHERAPY - BACH FLOWER ESSENCE)	CLASSROOM	01/2007-12/2007	15	*	1	INTERDISCIPLINARY/ ELECTIVE
EC 100	ENERGY ANATOMY	CLASSROOM	01/2007-12/2007	68	*	4.5	INTERDISCIPLINARY/ ELECTIVE
CC 120	INTUITIVE STUDIES - INTRO	CLASSROOM	01/2007-12/2007	30	*	2	INTERDISCIPLINARY/ ELECTIVE
CC 115	ALTERNATIVE LIFESTYLES AND DIVERSITY - EMBODYING COMPASSION	CLASSROOM	01/2007-12/2007	30	*	2	INTERDISCIPLINARY/ ELECTIVE
CC 140	DEVELOPMENTAL PSYCHOLOGY - AWAKENING THE HEROES WITHIN	CLASSROOM	01/2007-12/2007	30	*	2	SOCIAL SCIENCE
CC 130	PSYCHOLOGY OF ADDICTION - UNDERSTANDING THE SHADOW	CLASSROOM	01/2007-12/2007	30	*	2	SOCIAL SCIENCE
CC 250	PSYCHOLOGY THEORIES - HONORING THE MASTERS	CLASSROOM	01/2007-12/2007	30	*	2	SOCIAL SCIENCE
NC 125	SUPPORT GROUP FACILITATION	CLASSROOM	01/2007-12/2007	15	*	1	INTERDISCIPLINARY/ ELECTIVE
MT 115	ANATOMY	CLASSROOM	01/2007-12/2007	60	*	4	PHYSICAL/BIOLOGICAL SCIENCE
SC 415	PATHOLOGY	CLASSROOM	01/2007-12/2007	40	*	2.5	PHYSICAL/BIOLOGICAL SCIENCE
BC 300	BUSINESS PRACTICES AND ETHICS	CLASSROOM	01/2007-12/2007	15	*	1	INTERDISCIPLINARY/ ELECTIVE
MT 520	FIRST AID	CLASSROOM	01/2007-12/2007	7	*	COMBINABLE	INTERDISCIPLINARY/ ELECTIVE
MT 530	CPR CERTIFICATION	CLASSROOM	01/2007-12/2007	4	*	COMBINABLE	INTERDISCIPLINARY/ ELECTIVE
OS 200	ASIAN THEORY I	CLASSROOM	01/2007-12/2007	40	*	2.5	INTERDISCIPLINARY/ ELECTIVE
OS 210	ASIAN THEORY II	CLASSROOM	01/2007-12/2007	60	*	4	INTERDISCIPLINARY/ ELECTIVE

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OS 950	ASIAN THERAPY CLINIC	SELF-PACED	01/2007-12/2007	50	*	1.5	INTERDISCIPLINARY/ ELECTIVE
OS 740	CHI GUNG - MERIDIAN EXERCISES	CLASSROOM	01/2007-12/2007	12	*	0.5	INTERDISCIPLINARY/ ELECTIVE
OE 101	CHINESE HEALTH ASSESSMENTS AND THE FIVE ELEMENTS I	CLASSROOM	01/2007-12/2007	8	*	0.5	INTERDISCIPLINARY/ ELECTIVE
OE 201	CHINESE HEALTH ASSESSMENTS AND THE FIVE ELEMENTS II	CLASSROOM	01/2007-12/2007	8	*	0.5	INTERDISCIPLINARY/ ELECTIVE
OS 229	INTEGRATED CHINESE HEALTH ASSESSMENT	CLASSROOM	01/2007-12/2007	8	*	0.5	INTERDISCIPLINARY/ ELECTIVE
OE 110	TUI-NA FORM	CLASSROOM	01/2007-12/2007	16	*	1	INTERDISCIPLINARY/ ELECTIVE
OE 114	TUI-NA FIVE ELEMENTS THERAPY	CLASSROOM	01/2007-12/2007	16	*	1	INTERDISCIPLINARY/ ELECTIVE
OE 113	TUI-NA FOR PAIN AND INJURY	CLASSROOM	01/2007-12/2007	8	*	0.5	INTERDISCIPLINARY/ ELECTIVE
OE 111	TUI-NA FOR PRACTITIONERS	CLASSROOM	01/2007-12/2007	8	*	0.5	INTERDISCIPLINARY/ ELECTIVE
OE 112	TUI-NA FOR COMMON AILMENTS I	CLASSROOM	01/2007-12/2007	8	*	0.5	INTERDISCIPLINARY/ ELECTIVE
OE 224	TUI-NA FOR COMMON AILMENTS II	CLASSROOM	01/2007-12/2007	8	*	0.5	INTERDISCIPLINARY/ ELECTIVE
OE 102	CHINESE HEALTH READINGS	CLASSROOM	01/2007-12/2007	8	*	0.5	INTERDISCIPLINARY/ ELECTIVE
OE 108	STRESS, ANGER AND DEPRESSION - THE NATURAL WAY OUT	CLASSROOM	01/2007-12/2007	8	*	0.5	INTERDISCIPLINARY/ ELECTIVE
OS 720	CHINESE ENNEAGRAM	CLASSROOM	01/2007-12/2007	8	*	0.5	INTERDISCIPLINARY/ ELECTIVE
OE 210	CHINESE MEDICAL ASTROLOGY	CLASSROOM	01/2007-12/2007	8	*	0.5	INTERDISCIPLINARY/ ELECTIVE
OE 280	TAOIST HEALING WITH FOOD: FIVE ELEMENT NUTRITION	CLASSROOM	01/2007-12/2007	8	*	0.5	INTERDISCIPLINARY/ ELECTIVE
MT 500	PHYSIOLOGY	CLASSROOM	01/2007-12/2007	60	*	4	PHYSICAL/BIOLOGICAL SCIENCE
BC 110	SOAP NOTES	CLASSROOM	01/2007-12/2007	6	*	COMBINABLE	INTERDISCIPLINARY/ ELECTIVE
MT 151	KINESIOLOGY	CLASSROOM	01/2007-12/2007	36	*	2	PHYSICAL/BIOLOGICAL SCIENCE
PC 850	CRANIAL UNWINDING	CLASSROOM	01/2007-12/2007	20	*	1	INTERDISCIPLINARY/ ELECTIVE
TE 220	DEEP TISSUE SCULPTING	CLASSROOM	01/2007-12/2007	24	*	1.5	INTERDISCIPLINARY/ ELECTIVE
MT 400	MYOTHERAPY - 7 STEP RELEASE	CLASSROOM	01/2007-12/2007	40	*	2.5	INTERDISCIPLINARY/ ELECTIVE
TE 560	REFLEXOLOGY - INTRO	CLASSROOM	01/2007-12/2007	8	*	0.5	INTERDISCIPLINARY/ ELECTIVE
MT 200	SWEDISH MASSAGE	CLASSROOM	01/2007-12/2007	40	*	2.5	INTERDISCIPLINARY/ ELECTIVE

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MT 750	MASSAGE CLINIC - SUPERVISED	SELF-PACED	01/2007-12/2007	75	*	2.5	INTERDISCIPLINARY/ ELECTIVE
WH 210	WESTERN HERBALISM - SECTION A	CLASSROOM	01/2007-12/2007	45	*	3	PHYSICAL/BIOLOGICAL SCIENCE
WH 220	WESTERN HERBALISM - SECTION B	CLASSROOM	01/2007-12/2007	45	*	3	PHYSICAL/BIOLOGICAL SCIENCE
WH 230	WESTERN HERBALISM - SECTION C	CLASSROOM	01/2007-12/2007	45	*	3	INTERDISCIPLINARY/ ELECTIVE
WH 240	WESTERN HERBALISM - SECTION D	CLASSROOM	01/2007-12/2007	45	*	3	INTERDISCIPLINARY/ ELECTIVE
WH 300	WESTERN HERBALISM - EXTERNSHIP	SELF-PACED	01/2007-12/2007	60	*	2	INTERDISCIPLINARY/ ELECTIVE
SC 300	COMPREHENSIVE BIOSCIENCES	CLASSROOM	01/2007-12/2007	45	*	3	PHYSICAL/BIOLOGICAL SCIENCE
SC 250	BOTANY	CLASSROOM	01/2007-12/2007	45	*	3	PHYSICAL/BIOLOGICAL SCIENCE
EC 430	IRIDOLOGY - INTRO	CLASSROOM	01/2007-12/2007	24	*	1.5	INTERDISCIPLINARY/ ELECTIVE
WH 150	WESTERN HERBALISM - SPECIALTIES IN CLINICAL HERBALISM	CLASSROOM	01/2007-12/2007	10	*	0.5	INTERDISCIPLINARY/ ELECTIVE
WH 365	WESTERN HERBALISM - MANUFACTURING & REMEDY PRODUCTION	CLASSROOM	01/2007-12/2007	10	*	0.5	INTERDISCIPLINARY/ ELECTIVE
WH 375	WESTERN HERBALISM - FORMULARY PRACTICUM	CLASSROOM	01/2007-12/2007	10	*	0.5	INTERDISCIPLINARY/ ELECTIVE
BC 401	PUBLIC SPEAKING	CLASSROOM	01/2007-12/2007	15	*	1	COMMUNICATION ARTS
NC 340	NUTRITION - INTRO TO SUPPLEMENTS	CLASSROOM	01/2007-12/2007	15	*	1	PHYSICAL/BIOLOGICAL SCIENCE
NC 200	WHOLE FOODS CUISINE	CLASSROOM	01/2007-12/2007	20	*	1	INTERDISCIPLINARY/ ELECTIVE
Primary Specialties							
	AROMATHERAPY	SELF-PACED	01/2007-12/2007	200	*	6.5	INTERDISCIPLINARY/ ELECTIVE
	CRANIAL UNWINDING	SELF-PACED	01/2007-12/2007	200	*	6.5	INTERDISCIPLINARY/ ELECTIVE
	HOLISTIC NUTRITION SPECIALIST	SELF-PACED	01/2007-12/2007	200	*	6.5	INTERDISCIPLINARY/ ELECTIVE
	HOLISTIC NUTRITION EDUCATOR	SELF-PACED	01/2007-12/2007	300	*	10	INTERDISCIPLINARY/ ELECTIVE
	HYPNOTHERAPY	SELF-PACED	01/2007-12/2007	100	*	3	INTERDISCIPLINARY/ ELECTIVE
	MYOFASCIAL	SELF-PACED	01/2007-12/2007	100	*	3	INTERDISCIPLINARY/ ELECTIVE
	POLARITY APP	SELF-PACED	01/2007-12/2007	200	*	6.5	INTERDISCIPLINARY/ ELECTIVE
	REFLEXOLOGY	SELF-PACED	01/2007-12/2007	300	*	10	INTERDISCIPLINARY/ ELECTIVE

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	REIKI	SELF-PACED	01/2007-12/2007	100	*	3	INTERDISCIPLINARY/ ELECTIVE
	SPA TREATMENTS	SELF-PACED	01/2007-12/2007	200	*	6.5	INTERDISCIPLINARY/ ELECTIVE
	SPECIAL TOUCH	SELF-PACED	01/2007-12/2007	100	*	3	INTERDISCIPLINARY/ ELECTIVE
	THERAPEUTIC MYOTHERAPY	SELF-PACED	01/2007-12/2007	200	*	6.5	INTERDISCIPLINARY/ ELECTIVE
	TUI NA	SELF-PACED	01/2007-12/2007	200	*	6.5	INTERDISCIPLINARY/ ELECTIVE
	YOGA TEACHER TRAINING	SELF-PACED	01/2007-12/2007	200	*	6.5	INTERDISCIPLINARY/ ELECTIVE
	ZEN SHIATSU	SELF-PACED	01/2007-12/2007	200	*	6.5	INTERDISCIPLINARY/ ELECTIVE
	CHINESE SHAMANISTIC MEDICINE	SELF-PACED	01/2007-12/2007	100	*	3	INTERDISCIPLINARY/ ELECTIVE
	ENTREPRENEUR	SELF-PACED	01/2007-12/2007	100	*	3	INTERDISCIPLINARY/ ELECTIVE
	HYPNOTHERAPY	SELF-PACED	01/2007-12/2007	100	*	3	INTERDISCIPLINARY/ ELECTIVE
	HYPNOTHERAPY - MASTER PRACTITIONER	SELF-PACED	01/2007-12/2007	600	*	20	INTERDISCIPLINARY/ ELECTIVE
	LIFE COACHING	SELF-PACED	01/2007-12/2007	100	*	3	INTERDISCIPLINARY/ ELECTIVE
	SPIRITUAL STUDIES	SELF-PACED	01/2007-12/2007	300	*	10	INTERDISCIPLINARY/ ELECTIVE
	THERAPEUTIC IMAGERY	SELF-PACED	01/2007-12/2007	200	*	6.5	INTERDISCIPLINARY/ ELECTIVE
	ASIAN BODYWORK OR MASSAGE	SELF-PACED	01/2007-12/2007	500	*	16.5	INTERDISCIPLINARY/ ELECTIVE
	AROMATHERAPY - THERAPEUTIC	SELF-PACED	01/2007-12/2007	200	*	6.5	INTERDISCIPLINARY/ ELECTIVE

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