Career Perception of American Workers and Their Emotional States

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Employee engagement needs to be part and parcel of the business DNA in any success story.

- Anosa, 2021
In 2021, the University of Phoenix Career Institute’s Career Optimism index surveyed 5,000 nationally represented adults with oversamples of 300 adults in the top 20 metropolitan regions of the United States. Results indicate 43% of respondents "hate" or "don't think too much about" their job (Edelman, 2021). These actionable data are opportunities for educator/employer partnerships to reclaim this 43%, using workforce dynamics to catalyze career growth and employee engagement (Mani & Mishra, 2021).

Research correlates organizational productivity with employee engagement and validates training and development as intrinsic to the "business DNA" (Anosa, 2021, p. 50) of workplace culture, policy, procedure, and practice. In a competitive global marketplace, stagnant productivity augurs income disparity and organizational demise, while motivated, engaged employees ignite organizational innovation (Ivanov & Usheva, 2021). The call to action is clear: "employee engagement drives performance by improving retention, customer loyalty, productivity, safety, and ultimately, profitability. Engaged employees care about their organization and work to contribute towards its success" (Anosa, 2021, p. 49). This white paper covers the magnitude and ramifications and magnitude of employee engagement on local, national, and global economies and demonstrates how educator/employer partnerships can utilize workforce dynamics to inform self-efficacy and career growth.

**Strengthening Employee Engagement**

Productivity declines attributed to disengaged employees approximate $550 billion per year in the United States (Gallup, 2013). Corporate investments (Mani & Mishra, 2021) in employee engagement initiatives have produced lackluster results, with national cultural dimensions of engagement resisting minimalist "one size fits all" strategies (Li et al., 2021; Srinivas, 2021). With more than 70% of Millennials either not engaged or actively disengaged (Center for Creative Leadership, 2019), root cause analysis (Paulsen, 2021) is warranted to incent multi-generational workforces. Evidence-based contributors to U.S. employee engagement include age, income, and values (Edelman, 2021).

**Age**

Boomers, defined as ages 54-72, are more likely to love their job than Millennials, defined as ages 22-37, and Gen X, defined as ages 38-53 (Edelman, 2021):

<table>
<thead>
<tr>
<th>Category</th>
<th>Age</th>
<th>Love My Job</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boomer</td>
<td>54-72</td>
<td>63%</td>
</tr>
<tr>
<td>Millennial</td>
<td>22-37</td>
<td>52%</td>
</tr>
<tr>
<td>Gen X</td>
<td>38-53</td>
<td>57%</td>
</tr>
</tbody>
</table>

**Income**

Higher income is associated with individuals' tendencies to love their job (Edelman, 2021):

<table>
<thead>
<tr>
<th>Income</th>
<th>Love My Job</th>
</tr>
</thead>
<tbody>
<tr>
<td>Over $150,000</td>
<td>67%</td>
</tr>
<tr>
<td>$100,000-$149,000</td>
<td>59%</td>
</tr>
<tr>
<td>$50,000-$99,000</td>
<td>57%</td>
</tr>
<tr>
<td>Under $50,000</td>
<td>50%</td>
</tr>
</tbody>
</table>
Values

Americans define themselves by their careers (Edelman Q7, 2021): “2 in 3 employed Americans say that their job/career is part of their identity” (Edelman, 2021).

Aligning individual and organizational values promotes employee engagement, with organizations deploying transparency, value congruence, and corporate social responsibility (CSR) as recruitment incentives and retention strategies (Clack, 2021; Low & Spong, 2021; Matenga, 2021; Srinivas, 2021; Yadav & Chaudhari, 2020). Contribution to institutional goals perceived as ethical, purposeful, meaningful, and worthwhile strengthen employee loyalty and organizational citizenship conduct (Carlini & Grace, 2021; Srinivas, 2021). Other potential motivators include teamwork, support, and family friendliness (Srinivas, 2021), social aspects, defined as open, friendly work atmosphere (Ivanov & Usheva1, 2021), and servant, ethical, and transactional leadership style (Li et al., 2021).

Micro-level CSR practices are defined as organizational initiatives focused on physical and psychological well-being of individual employees. The following micro-level CSR practices can strengthen employee engagement by 68.6% (Low & Spong, 2021):

Micro-level CSR Practices
- Employment stability
- Health and safety
- Human rights
- Training and development
- Work diversity
- Work-life balance

Educators' Role

"As educators, we have the opportunity to produce experiential-ready, practice ready, and career-ready practitioners. Student attitudes and values influence how learned knowledge and skills will be enacted, and therefore are key determinants of career-readiness" (Portillo & Gallimore, 2020, p. 251). Academicians, educators, and administrators of post-secondary educational institutions promote synthesis of content, competency, and professional growth conducive to self-efficacy and educational relevance.

What Employees Want

Data obtained from the University of Phoenix Career Institute’s Career Optimism index reflect the following:

**ELEMENTS NEEDED TO SUCCESSFULLY CHANGE CAREERS - Q23**

- The right skillset
- Adaptability
- Flexibility
- Optimism
- Additional training
- Resiliency
- Additional education
- A strong professional network
- Financial support
A strong social support system
Support with childcare

**ACTIONS TAKEN TO SUCCESSFULLY CHANGE CAREERS - Q 24**

- Seek out opportunities to build skills
- Talk/connect with people in the field they want to be in
- Learn new skills and expertise to be competitive in the digital age
- Enroll in a training program
- Talk/connect with people they personally know
- Go back to school /enroll in an education program
- Attend networking events
- Use job apps and tools like LinkedIn and Indeed
- Attend job fairs
- Seek out assistance from a reputable career resource
- Spend time job-shadowing
- Reach out for informational interviews
- Volunteer in a new field
- Meet with human resources

**STRUCTURAL BARRIERS IN MOVING FORWARD IN CAREERS - Q 17**

- Not having enough education
- Lack of opportunities for upskilling/development
- Lack of required skills
- Lack of time/schedule flexibility
- Financial problems
- Lack of mentorship/advocacy

**CAREER ACTIVITIES WHERE SUPPORT IS NEEDED - Q25**

- Connecting with others in my field/desired field
- Finding a mentor/advocate
- Seeking out training programs
- Creating/updating resume
- Seeking out education programs
- Interviewing for job
- Finding job postings
- Creating/updating LinkedIn profile
- Applying for a job

**ACTIONS TAKEN FOR CAREER ADVANCEMENT - Q 19**

- Prioritizing my work-life balance
- Managing my mental health/wellness
- Becoming a specialist in an area of my industry
- Connecting with others in my field/desired field
Seeking skill development opportunities/certifications
Researching resources to improve my employability
Talking with my manager/boss about what I need to do to succeed
Taking courses/classes to improve my employability
Advocating for financial rewards for myself
Seeking/engaging mentors/advocates

What Employers Want

Closing the gap between graduates' competencies and employers' requirements is a recurring mantra, with educators tasked to promote hard and soft skills related to actual "doing" (David et al., 2021; Mitchell et al., 2021). The National Association of Colleges and Employers delineates the following key attributes employers seek (NACE, 2021):

- Ability to work in a team 81.0%
- Problem-solving skills 79.0%
- Analytical/quantitative skills 76.1%
- Communication skills (verbal) 73.2%
- Communication skills (written) 72.7%
- Initiative 67.8%
- Leadership 67.8%
- Technical skills 67.8%
- Flexibility/adaptability 65.9%
- Strong work ethic 65.4%

Educator/Employer Partnerships

Collaboration between educators and employers builds upon existing momentum to align curricula and credentials, including degrees, diplomas, and industry certifications, with workplace competencies (Carter et al., 2020; Decker, 2021). Expanding experiential learning, including case studies, on-the-job internships, apprenticeships, job shadowing, and fellowships, enhances academic relevance and promotes "soft skill" development (Stewart et al., 2020).

Organizations seeking to reskill and upskill employees through education are partnering with external university, college, and technical schools (Volzer et al., 2021). Educator/employer partnerships can break-down barriers to career advancement, help American workers accelerate their careers, and reclaim the 43% who “hate” or “don't think too much about” their job (Edelman, 2021).
References


Center for Creative Leadership. (2019). Four areas where frontline leaders can increase engagement. https://www.ccl.org/blog/4-areas-new-frontline-leaders-can-engaging


