What are the 5 learning theories?

**Behaviorism**
Learning occurs as a response to external stimulus.

**Cognitivism**
Learning is an internal thought process that combines internal and external factors.

**Constructivism**
Learning is a process of connecting prior experience to new information.

**Humanism**
Learning occurs when the needs of individual learners are met.

**Connectivism**
In the digital age, learning occurs as students actively connect information from a number of sources.